

General information about the city Oslo

For conference participants who have some free hours and want to explore Oslo. We propose both indoor and outdoor activities, since citizens of Oslo spend a lot of time outdoors in the summer. These suggestions are not far from campus and the Hotel, Rica Holberg. The Metro or the tram is the easiest transport in this city.

Outdoor experiences;

- **Vigeland park, or “Frognerparken”**

The Vigeland Park is the world's largest sculpture park made by a single artist, and is one of Norway's most popular tourist attractions. The park is open to visitors all year round.

<http://www.vigeland.museum.no/en/vigeland-park>

- **Karl Johans Gate and the castle**

The main street in Oslo is called Karl Johans Gate. It runs from the main railroad station to Norway's Royal Palace. The Grand Hotel, the Main buildings of the University of Oslo and the National Theatre is situated along this famous roadway. The street was named after King Karl Johan of Norway.

<http://www.tripomatic.com/Norway/Oslo/Karl-Johans-Street/>

- **Akershus Fortress**

Akershus Fortress is situated in the centre of Oslo, and with its beautiful green surroundings, it is a popular recreational area in the city. The fortress has been at the centre of the nation's growth and development for 700 years, and it is now very popular as a culture arena. At the fortress, you can experience a unique historical environment and enjoy stimulating cultural experiences.

[\(http://www.forsvarsbygg.no/festningene/Festningene/Akershus-festning/English/\)](http://www.forsvarsbygg.no/festningene/Festningene/Akershus-festning/English/)

- **Ekebergparken**

- Ekebergparken is a sculpture and national Heritage park for the people of Oslo and visitors looking for a unique experience. Once here, however, visitors will in addition to the art enjoy the added value of fantastic views over the city as well as beautiful forested parkland steeped in cultural history. How to get there: take the tram, number 18 & 19 to “Sjømannsskolen” and “Oslo Hospital”

<http://www.ekebergparken.com/en/>

Museums;

- **The National Museum**

Kristian Augusts gate 23,

<http://www.nasjonalmuseet.no/?module=Articles;action=Article.publicShow;ID=633>

- **Munch Museum**

Getting to the Munch Museum is easy. From city center you are never more than five minutes away, by any means of public transportation. All eastbound metro trains from the city to Tøyen station/Munch museum. If you prefer to walk, it is a 20 minute stroll from the main street Karl Johans gate.

<http://www.munchmuseet.no/Dokument/For-English-visitors>

Useful links

<http://www.visitoslo.com/>

<http://www.visitnorway.com/uk/where-to-go-uk/east/oslo/tourist-information/>